

## Introduction to HANDLE® Level 1 Course Presented by

**Parzival Therapies** - in affiliation with The HANDLE Institute

- Saturday, July 14<sup>th</sup>, 9am 1pm, Part A
- Sunday, July 15<sup>th</sup>, 9am 1pm, Part B
  OR
- \* Monday, July 16<sup>th</sup>, 5:30pm 9:30pm, Part A
- \* Tuesday, July 17<sup>th</sup>, 5:30pm 9:30pm, Part B

OR



Friday, July 20<sup>th</sup>, 9am - 5:30pm, Parts A & B

(Level 1 is a pre-requisite for the Level 2 Course being Offered July 21<sup>st</sup> & 22<sup>nd</sup>)



# Location: Kimberton PA.

#### Nancy Dill Miller Student Instructor and Dror Schneider, Certified HANDLE Instructor

### An Introduction to HANDLE

HANDLE, a Holistic Approach to Neurodevelopment and Learning Efficiency, addresses all ages (infant to senior) and many issues of behavior, as well as social, emotional and physical function. It is a gentle, non-drug based modality that takes advantage of neuroplasticity to help the body and brain work more efficiently together.

This course is for you if you are a parent, professional, caregiver or curious individual who seeks a better understanding of how behaviors can communicate about underlying neurological stressors.

#### Course Content

- Begin to explore how irregularities in neurological and developmental systems relate to perplexing behaviors and dysfunction
- Begin to understand how different sensory systems impact one another
- The impact of the internal and external environments on stress and behaviors.
- Understanding how nutrition and good health enhance our abilities
- See yourself and others through non-judgmental eyes
- Recognize subtle signs of stress and intervene before the consequences manifest
- Learning tools and knowledge to apply in everyday situations

#### Suggested Reading: The Fabric of Autism

by Judith Bluestone, (available on amazon.com or www.handle.org)

For more information and to register:		
<u>Course Fee:</u> \$75	(Discount to \$65 before July 4 <sup>th</sup> , and \$50 each for "Group"	
<b>Registration</b> )		
	(Discount for HANDLE clients and Free for Repeating Students)	
Contact:		
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